Child and Adolescent Mental Health Service Framework
Acknowledgements

Acknowledging the support of the following in the preparation of this framework.

LBH Children and Young People’s Services CAMHS Framework Working Group, including:

- City of London Corporation
- City and Hackney Clinical Commissioning Group
- Homerton University Hospital NHS Foundation Trust
- East London NHS Foundation Trust
- Interlink

City and Hackney Clinical Commissioning Group Mental Health Programme Board

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1. Introduction

The emotional wellbeing and mental health of children and young people is everybody’s business. This framework outlines how partners will work together to improve and protect the mental health of all children and young people in the London Borough of Hackney and the City of London.

The framework sets out the following:

- National Context
- Framework Objective and Vision
- Guiding Principles
- Governance
- Current Provision
- Interdependencies
- Workstreams
- Emerging Issues
- Training
- Performance Monitoring and Management
- Action Plan
2. National Context

In February 2011 the Government published its national mental health strategy for people of all ages ‘No Health without Mental Health’ which outlined six key objectives:

- More people will have good mental health
- More people with mental health problems will recover
- More people with mental health problems will have good physical health
- More people will have a positive experience of care and support
- Fewer people will suffer avoidable harm
- Fewer people will experience stigma and discrimination

That same year Government gave a commitment to expand the People’s Improving Access to Psychological Therapies IAPT programme to children and young people in their ‘Talking therapies: a four-year plan of action’. This expansion was formally launched in October 2011 with Government committing £32 million to children and young people’s IAPT programmes.

Children and Young People’s IAPT is a national service transformation project for Child and Adolescent Mental Health Services (CAMHS). It focuses on extending training to staff and service managers in CAMHS and embedding evidence-based practice across services, making sure that whole services, not just the trainee therapists, use session-by-session outcome monitoring. The project also places a strong emphasis on user participation in service transformation and service re-design.

The City and Hackney CYP IAPT partnership is led by the Homerton University Hospital NHS Foundation Trust in partnership with London Borough of Hackney and East London NHS Foundation Trust, and is endorsed by the CCG and LBH commissioning.

The ‘Public Health Outcomes Framework for England 2013-2016’ (PHOF) sets out a national vision for public health, desired outcomes and the indicators that will help us understand how well public health is being improved and protected. The framework concentrates on two high-level outcomes to be achieved across the public health system which reflect a focus not only on how long people live, but on how well they live at all stages of life. These are:

- Increased healthy life expectancy
- Reduced differences in life expectancy and healthy life expectancy between communities

The framework groups further indicators into four ‘domains’ that cover the full spectrum of public health. We will be ensuring that local CAMHS partners are working to these indicators specifically where they address or contribute to emotional and mental wellbeing of children and young people.
The mental health subgroup of the **Children and Young People’s Health Outcomes Forum** was specifically tasked with developing and reporting on proposed outcome measures for mental health and emotional resilience. It sought to align with Government’s national mental health strategy and IAPT in terms of its objectives and guiding principles. It proposes developing the following public health indicators, as described below, within three of the four Public Health ‘domains’:

### Domain 1: Improving the wider determinants of health

School readiness, pupil absence, educational attainment and progress for all, domestic abuse, proportion of children who experience bullying, proportion of children and young people with mental health problems who experience stigma and discrimination

### Domain 2: Health improvement

Self reported wellbeing, hospital admissions as a result of self harm, proportion of mothers with mental health problems including post natal depression, proportion of parents with appropriate levels of self efficacy, children, young people and families who have access to age appropriate health information to support them to lead healthy lives

### Domain 4: Healthcare public health and preventing premature mortality

**Suicide**

To support the development of these proposed outcome indicators, the forum makes a key recommendation for a three-yearly survey to be carried out with children and young people to establish the prevalence of mental ill health and the extent of bullying and discrimination on the grounds of mental health problems. In its response to the forum report, Government has pledged to work in partnership to support its objectives. Hackney and the City will respond to specific initiatives as they become known.

**NICE** (National Institute of Clinical Excellence) has recently published new guidelines around Social and Emotional Wellbeing in Early Years and around Conduct Disorder which will inform the way in which wellbeing is addressed across Hackney. Guidance on Social and Emotional Wellbeing emphasises the role of early years and schools specifically.

Hackney and the City will ensure that it delivers CAMHS in line with the strategic direction set by both established Government policy and by the Children and Young People’s Outcome Forum. A borough-wide **CAMHS and mental health needs assessment** is being undertaken in late 2013 and will inform delivery as per the recommendations made by the forum and in order to support our objective and vision.
3. Framework Objective and Vision

This document outlines the vision for the development of emotional health and wellbeing, and Child and Adolescent Mental Health Services in Hackney and the City for 2013-2015. Its objective is to provide a clear framework and a more detailed action plan with measurable outcomes that underpin approaches to practice and set priorities which align with wider, national policy as outlined in this document. This framework has been developed in partnership with providers and will support the needs assessment which will inform a full strategy at a later date. The ultimate vision of the framework is that all children and young people in Hackney and the City enjoy positive mental health and demonstrate emotional resilience.

4. Guiding Principles

The following are the guiding principles that underpin this framework. Partners should:

- Demonstrate that they are working with families to address need in an evidence-based manner, cross-referencing work across other strategies, and that services are provided by staff with an appropriate range of skills and competence who participate in continuous professional development.
- Intervene earlier to prevent the development of more serious or chronic mental health problems by working with families in partnership with a wide range of universal services, including across schools, children’s centres, youth services, GP surgeries and VCSOs. Alongside this, children and young people with a higher level of need, including looked after children, should be provided with immediate access to specialist services.
- Be accessible, engaging, responsive and flexible to ensure that help and support is available to all children and communities. Partners should be focused on the service user and the family and work efficiently with partners to avoid duplication.
- Have ‘no wrong front door’, with clear pathways between services and an ethos of working together to meet the needs of children and young people, particularly during transition.
- Demonstrate value for money (VFM) by having low management costs, an appropriate performance framework and shared services where appropriate (i.e. shared supervision).
- Demonstrate the participation of children, young people and their families in the design, delivery and evaluation of their care.
- Work together to align funding and services to achieve the agreed objectives. While partners remain accountable for budgets and spend within their own organisational structures, we will work together to develop aligned and complementary services using a shared evidence base of need and impact.
- Ensure outcomes are at the heart of service delivery and design in accordance with the driving principles of the IAPT service transformation project.

5. Governance

Delivery of Child and Adolescent Mental Health Services will be overseen by the LBH Children and Young People’s Emotional Health and Wellbeing Partnership and the City and Hackney Clinical Commissioning Group Mental Health Programme Board. These groups have clear reporting lines to the Hackney Health and Wellbeing Board. The City Children’s Executive Board will oversee implementation as appropriate for the City of London.
6. Current Provision

There is a comprehensive range of provision across Hackney and the City, in response to need. This will be tailored dependent on the need identified in the current mental health and CAMHS needs assessment. Provision is detailed in Appendix 1.

7. Interdependencies

This framework outlines aims and mechanisms for delivery of emotional health and wellbeing and mental health support for Hackney and the City’s children and young people. There are a number of other workstreams that feed directly into this work, and issues that may co-present. It is important to recognise the close relationship that Child and Adolescent Mental Health Services will need to have with wider family services in both City and Hackney.

8. Workstreams

The Children and Young People’s Emotional Health and Wellbeing Partnership have agreed a number of workstreams which are set out in the action plan (in Appendix 2).

9. Emerging Issues

There are a number of issues increasing in prevalence or complexity that may require a particular focus in terms of resources and expertise. Partners should work together to increase the skills of professionals working with children and young people to enable them to better and earlier identify the signs and behaviours demonstrated by young people at risk. They should make appropriate referrals making full use of services offered by Voluntary and Community Sector partners. The Children and Young People’s Emotional Health and Wellbeing Partnership is charged with identifying, monitoring and responding to emerging themes, as is the City Children’s Executive Board for the City of London.

10. Training

Ensuring staff are fully trained, qualified, competent and are continuing to develop professionally is the responsibility of all services working with children and young people. Universal services should be working to improve the skills of their staff to:

- Understand what mental health and psychological wellbeing is
- Know what they can do to improve it and, if necessary, when and how to call on additional support
- Understand how to work most effectively with families, children and each other
- Have access, in a way that is relevant to them, to an accessible and high-quality body of knowledge that covers both the growing evidence base on interventions to improve mental health, as well as best practice in working with children and families.
11. Performance Monitoring and Management

Commissioners will be working towards developing a joint performance framework for early 2014. Reporting will be to the City and Hackney Clinical Commissioning Group Mental Health Programme Board, the London Borough of Hackney Children and Young People’s Emotional Health and Wellbeing Partnership and the City Children’s Executive Board. Until this is agreed, current individual performance monitoring arrangements will stand.
Appendix 1:
Mental Health Provision for Children and Young People in City and Hackney 2013/14

A. Community Child Psychology Services (Funded by CCG, delivered by Homerton University Foundation Trust):

1. First Steps Early Intervention Community Psychology Service
1st Floor, Defoe Building, Hackney Community College, 50 Hoxton Street, London N1 6LP. The service operates between 9-5pm, Monday to Friday.

- A service for children and young people aged 0-18 and their families who have mild to moderate mental health problems who are likely to be helped by a brief psychological intervention.
- Provided by a team of child mental health professionals, locality leads and a parenting lead, all of whom are based in children’s centres and GP practices across the borough where interventions are also delivered.
- The service delivers a range of individual and group interventions, parenting support, mental health promotion, education and training, and topic based groups such as ‘Calm Connections’ and ‘Transition’. Referrals onto specialist CAMHS as required.
- Referrals can be made by any professional working with a child. Families may also self-refer.

2. Child and Adolescent Mental Health Service (CAMHS) Disability Team
Hackney Ark Children & Young People’s Centre for Development & Disability, Downs Park Road, London E8 2FP. The service operates between 9-5pm, Monday to Friday.

- A specialist, tier 3 service for children and young people aged 0-19 who have dual difficulties; mental health or emotional needs which occur alongside a disability.
- A joint multidisciplinary team provided by Homerton University Hospital NHS Foundation Trust and East London NHS Foundation Trust, which consists of clinical psychologists, consultant child and adolescent psychiatrist, play specialist, systemic family therapist, child psychotherapist and specialist autism clinicians.
- The service provides diagnosis e.g. ASD, ADHD, psycho-pharmacological intervention (medication), therapeutic behavioural support and interventions and support with emotional response to diagnosis. It also delivers group work around parenting, siblings support groups, Next Steps intervention (MDT) for under 5s, Teen Troubles (ASD), ASD parent support group.
- Referrals can be made by any professional working with a child. Parents may self-refer provided they have been known to the service in the past.
- Delivered in partnership with ELFT.
B. Specialist Child and Mental Health Services (Funded by CCG, delivered by East London NHS Foundation Trust):

1. Core Specialist Child and Adolescent Mental Health Services
   South Team: Children & Young People’s Centre, 15 Homerton Row, London E9 6ED
   North Team: John Scott Health Centre, Green Lanes, London N4 2NU

A specialist service for children and young people up to the age of 18 years, where there is likelihood that the child or young person has a severe mental health disorder; and children and young people whose symptoms, or distress, and degree of social and/or functional impairment are severe.

- The service will work with children, young people and their families where there is a high level of case complexity, that is, where there are significant mental health problems, and in addition, multiple risk factors (co-morbidity), including complex family problems, child protection concerns, significant risk of harm to self or others, risks of violence, terminal illness, parental substance misuse/mental illness, seeking asylum, refugee status, or being the victims of torture, placing self or others at risk, being at the threshold of corporate care or being looked after, or being subject to child safeguarding procedures.
- The service will assess and treat children and young people who are experiencing serious risks to their emotional and psychological wellbeing and development. The threshold for referral to specialist CAMHS is that the suspected mental health difficulties are urgent, persistent, complex or severe.
- Teams are multidisciplinary and consist of consultant child and adolescent psychiatrists, clinical psychologists, child psychotherapists, systemic family therapists, clinical nurse specialists and junior doctors from the Great Ormond Street/Royal London CAMH training scheme.
- The service provides a range of therapeutic and psycho-pharmacological interventions, consultation and liaison with other services including the paediatric liaison, and out of hours service.
- Referrals can be made by any professional working with a child, young person or their family.
2. Adolescent Mental Health Team (Specifically targeted work with Psychosis)

John Scott Health Centre, Green Lanes, London N4 2NU

The team provides the early intervention in psychosis service to offer quick identification of the first onset of a psychotic disorder and appropriate treatment including intensive support, crisis intervention, assertive outreach and home treatment in the early phase.

- The service also provides assessment and treatment of mental health problems of an acute and severe nature for young people including complex eating disorders, OCD, ASD, anxiety and depression.
- The service will implement appropriate discharge planning, liaison and community outreach in conjunction with the Coborn Centre for Adolescent Mental Health (in-patient unit).
- The team is multidisciplinary and consists of consultant child and adolescent psychiatrists, clinical psychologist, systemic family therapists, and specialist mental health nurses and mental health clinicians.
- Referrals through core service and the Coborn Centre for Adolescent Mental Health.

3. CAMHS for Young Hackney Team (Jointly funded by CCG and LA)

15 Homerton Row, London E9 6ED

This team works with adolescents (up to 19 years) and their families who have mental health needs and are known to Young Hackney. This will include young people who are not in education, employment and training, young offenders, and those with eating disorders, anxiety and depression, self-harming behaviour, OCD, ADS, and conduct disorder, who have traditionally not engaged with services and need an assertive outreach approach of intervention.

- This service will also work with young people with problematic sexualised behaviour, post-traumatic stress disorder and will liaise with adult services where an adolescent’s parent/s has a mental health issue and there is a need for better social support for the family.
- The service will provide a high level of contact with young people who need additional support and will provide an assertive, proactive and responsive outreach service accessible where young people feel most comfortable.
- The service aims to improve the mental health outcomes for young people through the provision of evidence based CAMHS interventions and will develop a timely and effective integrated outreach mental health service for adolescents and their families.
- This is a multidisciplinary team of specialist mental health clinicians including specialist nurses, clinical psychologists, psychotherapists, systemic family therapists, psychiatric social workers and a child and adolescent psychiatrist. Referrals are from Young Hackney Units and Children and Young People’s Partnership Panel.
4. Multi Systemic Therapy Team (not core funded)

15 Homerton Row, London E9 6ED

- MST is a community-based treatment programme for families where there are young people with complex clinical, social, and educational problems such as violent behaviour, drug abuse, offending, and school exclusion.
- MST therapists are highly qualified mental health or social care professionals who work with carers, young people, and their schools and neighbourhoods to address antisocial behaviour and strengthen protective factors via evidence-based interventions such as individual cognitive behaviour therapy, systemic family therapy, motivational interviewing, and specialist assessments and consultation to the system around the family.
- Therapeutic work is done with the adults within the family as well as young people, to better equip the adults to manage family life more effectively.
- MST is delivered intensively over a period of three to five months in homes, schools and communities. Young people and their families are allocated an MST therapist who will often be in daily contact with them, and who will visit the family two to three times per week, usually in the family home.
- The therapy is designed to be highly intensive and require daily effort on the part of the families. Families engaged in the MST programme would not normally also be seen in other programmes – the MST therapist would deliver the range of support required as a one-stop shop. Therapists have low case-loads (maximum of five families per therapist) and between them provide 24 hour on-call support to all the families in the programme.
- Referrals: MST packages of care can be purchased individually or through a block booking by contacting the MST team manager.
5. The Coborn Centre for Adolescent Mental Health

Cherry Tree Way, Glen Road, Plaistow, E13 8SP

- The Coborn Centre for Adolescent Mental Health provides person and family-centred care for young people aged 12 to 18 with complex and severe mental illness, but can consider accepting younger patients on a case by case basis.
- The centre treats young people with acute and severe forms of mental illness. These include major mood disorders, psychosis, complex neuropsychiatric disorders, eating disorders, severe obsessive compulsive disorders and borderline personality disorders.
- The Coborn assesses, treats and supports adolescents in a hospital residential setting. The service aim is to assess mental health rapidly and thoroughly, aiming to reintegrate adolescents back into their families and schools as soon as possible.
- The centre has a three bed PICU service, a 12 bed acute admission service and a day service offering bespoke packages of assessment and intervention of varying intensity.
- Each young person will receive a comprehensive medical, nursing and psychological assessment, leading to a bespoke individual care and treatment plan.
- The recovery model is based on the premise that adolescence is a time of considerable developments in a young person’s life. As a result, the interventions are designed to help healthy growth continue through their recovery.
- For most acute conditions, the optimum window of treatment effectiveness is thought to be between six and eight weeks. A poor response to treatment beyond this timeframe normally indicates the illness has moved into a more chronic phase that may require more prolonged and intensive input, and recovery may be slower or partial.
- In all cases, the service works closely and creatively in partnership with the young person, their families, community services and other agencies such as local authorities, schools and colleges, to improve their quality of life and help them find new ways of living and coping with their difficulties.
- Referrals: emergency admissions (accepted 24 hours a day) and young people detained under the Mental Health Act. Referrals must be supported by a consultant psychiatrist.
C. Integrated Clinicians in Young People’s Services (Funded and delivered by the London Borough of Hackney)

Hackney Children and Young People’s Service has a highly specialist and integrated clinical service that delivers high quality assessments and multi-modal interventions to children who are in need, at risk and looked after and who have a range of complex needs in relation to their emotional health and wellbeing. Clinical assessments are undertaken collaboratively alongside social work assessment and care planning by specialist clinical practitioners working in clinical hubs across Children’s Social Care.

The hubs deliver brief, intensive and multi-modal interventions to address a range of complex needs including but not exclusive to:

- Early identification and screening of child mental health
- Children who have experienced abuse, neglect and are suffering from trauma
- Children in Need and/or subject to Child Protection Plans
- Children and families in crisis and experiencing family breakdown
- Children subject to care proceedings
- Attachment and trauma focused interventions with looked after children and children awaiting or being placed for adoption
- Looked after children and care leavers
- Children who are privately fostered
- Children awaiting adoption and post-adoption support

The model utilising clinical posts embedded in Young Hackney is currently under review.
**Appendix 2:**

Child and Adolescent Mental Health and Wellbeing Action Plan
The action plan is organised into 4 key themes as indicated in the tables below. Some actions may cross-reference themes.

### Key theme 1: Access

<table>
<thead>
<tr>
<th>Action</th>
<th>Outcomes</th>
<th>Measures¹</th>
<th>National/Local Key Performance Indicator</th>
</tr>
</thead>
<tbody>
<tr>
<td>A comprehensive range of services are available for service users that are easy to access, and how to access is widely understood (no wrong front door)</td>
<td>Improvements in CYP mental health and wellbeing</td>
<td>Number and % of patients who have completed treatment</td>
<td>Public Health Outcomes Framework Objective 2: reduced differences in life expectancy and healthy life expectancy between communities.²</td>
</tr>
<tr>
<td></td>
<td>Appropriate referrals to services</td>
<td>Number and % of patients who dropped out of treatment prior to discharge</td>
<td>Also feeds into National Mental Health outcomes strategy, namely objectives 1) More people will have good mental health, and 4) More people will have a positive experience of care and support.³</td>
</tr>
<tr>
<td></td>
<td>Reductions in waiting times and swift passing of referrals through agencies</td>
<td>Number and % of patients who did not attend (DNA)</td>
<td>Priority three of Hackney’s Sustainable Community Strategy 2008-2018: Promoting health and wellbeing for all, supporting independent living and reducing health inequalities.⁴</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Number and % of patients who cancelled appointments</td>
<td>Outcome 9 from Hackney’s Sustainable Community Strategy 2008-2018: Reduce health inequalities in Hackney by promoting fair access to health advice, support, programmes and local amenities so everyone is able to enjoy good health.⁵</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Number and % with the service for over 1 year</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Number and % with the service for over 2 years</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Number and % referred to another service</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Number and % referred to specialist services</td>
<td></td>
</tr>
<tr>
<td>Referral pathways are clear and quick with no blockages. Where blockages exist, they are removed</td>
<td>Appropriate referrals to services</td>
<td>Number and % referred to inpatient services</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Reductions in waiting times and swift passing of referrals through agencies</td>
<td>Number of complaints</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Reductions in referrals getting ‘stuck’</td>
<td>Number seen within agreed waiting times</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Practitioners report clear understanding of how and who to refer to</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Redress of complaints</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

³ Link to full strategy No health without mental health: a cross-government mental health outcomes strategy for people of all ages [http://www.nhs.uk/NHSEngland/NSF/Pages/Mentalhealth.aspx](http://www.nhs.uk/NHSEngland/NSF/Pages/Mentalhealth.aspx) accessed 24/09/13
⁵ Ibid., p. 16.
<table>
<thead>
<tr>
<th>Action</th>
<th>Outcomes</th>
<th>Measures</th>
<th>National/Local Outcome Indicator</th>
</tr>
</thead>
<tbody>
<tr>
<td>CAMHS support to communities with specific needs is reviewed, with a view to increased access by a diverse range communities</td>
<td>Commissioners and providers have an accurate picture of provision for specific communities and have a plan in place for strengthening this</td>
<td>Numbers and % of early identification of mental health and wellbeing needs</td>
<td>Public Health Outcomes Framework Objective 2: reduced differences in life expectancy and healthy life expectancy between communities.(^6)</td>
</tr>
<tr>
<td>Access to services for excluded children is improved</td>
<td>A clear offer is articulated and in place for excluded children, including how access will be improved</td>
<td>Regular report on demographics of clients/service users with numbers and % Reductions in referrals to specialist services in general, with increases in specialist service appropriate referrals from universal services</td>
<td>National Mental Health outcomes strategy: 1) More people will have a positive experience of care and support, 3) Fewer people will suffer avoidable harm, 4) More people will have good mental health, and 5) More people with mental health problems will have good physical health.(^7)</td>
</tr>
<tr>
<td>Access to services for children at special schools including for those with high functioning ASD is improved</td>
<td>A clear offer is articulated and in place for children at special schools, including how access will be improved</td>
<td>Staff in universal services report increased confidence in: Identifying self-harm and knowing where to refer, and Supporting those with self-harm concerns and referring to specialist services</td>
<td>Priority three of Hackney’s Sustainable Community Strategy 2008-2018: Promoting health and wellbeing for all, supporting independent living and reducing health inequalities.(^8)</td>
</tr>
<tr>
<td>Staff in universal services are skilled, effective, competent and supported to identify mental health and wellbeing needs early and respond appropriately</td>
<td>Increased early interventions to support wellbeing in children and young people Reductions in referrals to specialist services</td>
<td>Staff report increased confidence in supporting children and young people around mental health</td>
<td></td>
</tr>
</tbody>
</table>


\(^7\) Link to full strategy No health without mental health: a cross-government mental health outcomes strategy for people of all ages [http://www.nhs.uk/NHSEngland/N57/Pages/Mentalhealth.aspx](http://www.nhs.uk/NHSEngland/N57/Pages/Mentalhealth.aspx) accessed 24/09/13

## Key theme 2: Effectiveness

<table>
<thead>
<tr>
<th>Action</th>
<th>Outcomes</th>
<th>Measures</th>
<th>National/Local Outcome Indicator</th>
</tr>
</thead>
</table>
| There is an increase in earlier identification of referrals for self-harm | Reduction in late self-harm referrals                                    | Performance monitoring showing improvements in effectiveness  
IAPT feedback showing improvements in outcomes and positive feedback                                                                 | Outcomes 9 and 10 from Hackney’s Sustainable Community Strategy 2008-2018:  
9. Reduce health inequalities in Hackney by promoting fair access to health advice, support, programmes and local amenities so everyone is able to enjoy good health.  
10. To reduce the rate of mental illness in Hackney and close the gap in mental wellbeing between people from different backgrounds and between people living in the most and least deprived areas in the borough.⁹ |
| Services are measuring their effectiveness                              | Performance monitoring submitted indicating improvements in outcomes  
Improvements in client satisfaction                                      |                                                                                                                                               |                                                                                                                                                 |

⁹ Ibid., p. 15.
### Key theme 3: Seamless Pathways

<table>
<thead>
<tr>
<th>Action</th>
<th>Outcomes</th>
<th>Measures</th>
<th>National/Local Outcome Indicator</th>
</tr>
</thead>
<tbody>
<tr>
<td>All services working with children and young people are working together in a coherent and integrated way</td>
<td>Reductions in duplication of services or gaps in service provision for children and young people Multi-agency programmes and projects delivered as appropriate</td>
<td>Number and % of successful transitions. Audit of transition protocol – CAMHS to adult services.(^{10})</td>
<td>Good practice as set out in Social Care Institute for Excellence (SCIE) guidance on mental health service transitions for young people.(^{11})</td>
</tr>
<tr>
<td>Children and young people are supported to transition effectively between CAMHS and adult mental health services</td>
<td>Reductions in the number of children and young people who are lost between children and adult services</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

\(^{10}\) [http://www.scie.org.uk/publications/guides/guide44/files/oxfordshire-audit-tool.pdf](http://www.scie.org.uk/publications/guides/guide44/files/oxfordshire-audit-tool.pdf) This practice example audit tool undertaken in Oxfordshire, Buckinghamshire and East London was to determine whether young people with mental health problems are effectively supported during the transition from CAMHS to adult services.


### Key theme 4: Value for Money

<table>
<thead>
<tr>
<th>Action</th>
<th>Outcomes</th>
<th>Measures</th>
<th>National/Local Outcome Indicator</th>
</tr>
</thead>
<tbody>
<tr>
<td>There is a high proportion of time spent in direct work with children and young people</td>
<td>Performance reporting shows high amount of direct contact time with children and young people</td>
<td>Maximum direct contact with children and young people</td>
<td>% contact time to be agreed though local performance management and reporting</td>
</tr>
</tbody>
</table>
### Appendix 3:

#### Statutory Commissioning Table 2013/14

There is also a range of voluntary sector provision for City and Hackney children and young people around emotional health and wellbeing and mental health. This framework focuses on statutory commissioned services but acknowledges the significant contribution made across wellbeing by the voluntary and community sector.

<table>
<thead>
<tr>
<th>Funder</th>
<th>Service</th>
<th>Provider</th>
<th>Budget (£s)</th>
<th>Totals</th>
</tr>
</thead>
<tbody>
<tr>
<td>CCG</td>
<td>Specialist CAMHS</td>
<td>ELFT</td>
<td>1,666,000</td>
<td></td>
</tr>
<tr>
<td>CCG</td>
<td>C4YH</td>
<td>ELFT</td>
<td>554,000</td>
<td></td>
</tr>
<tr>
<td>CCG</td>
<td>AMHT</td>
<td>ELFT</td>
<td>259,000</td>
<td></td>
</tr>
<tr>
<td>CCG</td>
<td>First Steps</td>
<td>HUFT</td>
<td>867,000</td>
<td></td>
</tr>
<tr>
<td>CCG</td>
<td>CAMHS Disability</td>
<td>HUFT &amp; ELFT</td>
<td>424,000</td>
<td>3,770,000 (CCG)</td>
</tr>
<tr>
<td>LBH CSC</td>
<td>Clinicians CSC (28) (being reviewed 2013-14)</td>
<td>LBH</td>
<td>1,236,000</td>
<td></td>
</tr>
<tr>
<td>LBH YH</td>
<td>C4YH</td>
<td>ELFT</td>
<td>150,000 (TBC)</td>
<td></td>
</tr>
<tr>
<td>LBH YH</td>
<td>Clinicians YH (5) (being reviewed 2013-14)</td>
<td>LBH</td>
<td>250,000</td>
<td></td>
</tr>
<tr>
<td>LBH PH</td>
<td>LEAP</td>
<td>HUFT</td>
<td>36,000</td>
<td></td>
</tr>
<tr>
<td>LBH HLT</td>
<td>Specialist Tier 4 provision</td>
<td>Coborn Centre for Adolescent Mental Health LBN</td>
<td>27,500</td>
<td></td>
</tr>
<tr>
<td>LBH YH</td>
<td>Early Intervention in Orthodox Jewish Schools</td>
<td>Interlink Consortia</td>
<td>20,000</td>
<td>1,719,500 (LBH)</td>
</tr>
<tr>
<td>DH</td>
<td>C IAPT (Tri Borough pilot. Non – recurrent funding ends 31/03/2014)</td>
<td>ELFT/FS/YH</td>
<td>170,000 (Hackney share)</td>
<td>170,000 (DH)</td>
</tr>
</tbody>
</table>

**Total spend** | | | **£5,659,500** |